

book of prayers

CATHOLIC PASSAGE

2023



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I. WELCOME

A. Introduction

Welcome to Catholic Passage's first compilation of prayers for men and women who want to bless, protect, and provide for their children and students. Often, adults' most fundamental acts of service go by unnoticed. But if these acts of service were delayed or missing, their absence would be greatly noticed. What do our children say when they see an empty refrigerator or when our students find no chairs in a classroom?

Parents and teachers' daily and personal lives of prayer are one of the most subtle yet fundamental ways they love their children and students. Prayer, whether its presence or absence, makes a difference. And yet, it is not enough to say that children are enriched by the blessings pouring out of the open heart of our Savior and delivered, so to say, through the prayers of parents and teachers. There is a more fundamental good at stake when adults make choices about spending their hearts and time in prayer.

The adult who prays is the one who stays close to God in thought, intention, word, and deed. She or he who trusts her or his heart and time to God remains dependent upon and open to the Father's love (remember the baptism you received!). Staying united to the Source of All Goodness and Love, she or he can live in the freedom of children of God (Rom 8:21) thinking with the mind of Christ (1 Cor 2:16) and be led by the Holy Spirit (Gal 5:16). Prayer changes us!

By personal prayer, we are positioned to receive from God and then to later give to our children what we have received: God! In other words, when we spend intentional time with God, we carry his warmth to those who meet us on any given day, including our children and students. In some sense, God can answer some of our intercessory prayers through all of those who cooperate with his plan of love on a day-to-day basis. While so much is beyond our control, let's focus on what we have power to determine – giving heart, mind, and attention to God in prayer.

I. WELCOME

B. Catholic Passage Mission

God loves every man, woman, and child in existence.

Each person is a gift from God and is called to freely give of her or himself to others. Jesus calls men and women to give of themselves in building up children for life here on earth and eternally in heaven.

We believe that when men and women answer this call and let the Holy Spirit help them share their gifts with young people, lives are transformed.

Catholic Passage shows parents and educators how to answer this call and live it with the confidence of Christ, whose life they share through Holy Baptism. For as Christians, we each can say with St. Paul, "...it is no longer I who live, but it is Christ who lives in me..." (Galatians 2:20). Catholic Passage supports parents and educators as they pass on the Catholic faith and way of life to their children and students. We offer collaborative mini retreats, presentations, and online digital media services to support and guide adults to be the good difference in the lives of the children around them.

You can find out more about Catholic Passage on our Catholic Passage [Facebook](#) page or at CatholicPassage.com.

II. PRAYING FROM WITHIN

A. God's Initiative

Prayer is a personal response to God's loving presence (Fr. Armand Nigro, S.J.). God is the first one to give. God created us out of love and for love. God acted first and never stops sharing himself with us through various means in creation. The Father desires to establish perfect communion with us and so he goes all the way to share his love with us by sending his Son in human flesh: Jesus Christ (1 John 4:10).

Jesus promises to give his followers the Holy Spirit who will teach them all things as members of his Body, the Church (John 14:26). The Holy Spirit, who first enters the person's soul at Holy Baptism, abides as the

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Divine Guest who never ceases to share the Trinitarian Life of the Father, Son, and Holy Spirit with the person. Thus, God's constant pouring of himself forth is really a matter of one heart speaking to and within the heart that allows Him in. This meeting of "hearts" that happens when the person reads Sacred Scripture, participates in the Holy Sacrifice of the Mass, recites prayers, or engages in silent prayer helps our hearts receive all that our Father wants to give.

B. Your Response

What is your personal response to God laboring to share himself with you? Here are a few examples:

1. Say "thank you."
2. Be amazed.
3. Say "Welcome, please stay with me forever."
4. Invest time and energy to learn how to recognize God's loving presence.
5. Just spend time with the Father, Son, and Holy Spirit – just like two friends spending time together.
6. Share your thoughts, feelings, and desires with God.
7. Intercede for others.
8. Ask God how to receive and respond to His loving presence.
9. Say "thank you."
10. Say yes.

God's wants you. It is better to give him you, raw, unfiltered, and perhaps a bit out of sorts, than to give him the words one thinks are correct. Words, just like appearances, do not always match what goes on inside of a person. We might say words that other people prayed (like the Our Father), but they become our words when we agree with them from our hearts. God sees the heart (Sirach 42:18). He sees your heart. And, yes, God still desires to fill it. Whatever your response to God, it is exactly that – your response. Don't waste your time with anything else.

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C. Praying From Relationship

Where are you when you pray? I don't mean to ask whether you are on a mountain top or in a church pew. Let's try to look at this question another way with the help of an example.

You deeply enjoy basketball. You enjoy it so much that you prefer basketball when it is played excellently by the most skilled players on earth. While you enjoy watching it on television, you prefer to watch it in-person at the arena. Someone offers you tickets. The seats are in the section furthest from the basketball court, but between the jumbo screen and your eyes, you are quite pleased. As you walk to your seat, an arena representative motions for your attention. She asks you if you would like to sit courtside as part of the arena's annual effort to surprise an unsuspecting fan with the best seats in the arena for no extra fee. You are thrilled. Never in your wildest dreams did you imagine this could happen. The place often reserved for the rich and famous now belongs to you for that game.

Could your enjoyment of basketball be more full? Yes, it can. At the start of the game, the coach and players come over to you with a jersey. They ask, they insist, they beg you to sit with them on the bench. You are amazed. How can this be? A bit shocked, yet excited, you accept the offer and sit on the bench just like the other players. You wonder whether this is reality or just a dream. Your desire for basketball at its very best is fulfilled. Five minutes into the second quarter, the coach comes over to you. With the coach's words, "You're in," you feel shocked, unprepared, frightened. You might think this dream became a nightmare.

Wide-eyed, you look at the head coach and say, "Thank you for the offer. I love basketball, but I can't play basketball at this level. I just play for fun." The coach, smiling, says, "That's why we play too. Don't worry, once you step on the court you will feel at home. Your heart was made for this. The other players will help you. I will coach you." The captain of the team comes over to you, helps you off the bench, and guides you onto the court. The whistle blows and play resumes. No longer do you watch basketball from a distance, you are now part of the game. Your joy is no

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longer as a spectator from a distance but as a player in the game. Mysteriously, the game came to you, and you rose to the opportunity.

The above question is not about physical location. It is about your inner heart. It is about how you perceive yourself in relationship to God and God's relationship to you. When you pray, you can pray from within the "game" as a participant, or from outside the "game" as a spectator. Every baptized man, woman, and child has been brought from the nosebleed seating section to center court as a participant in the "game" of the life of the Holy Trinity. No longer do we interact with God from afar, but rather, Jesus leads us into his relationship with the Father. The Person of the Holy Spirit, the Love of the Father and the Son, fills the Christian's heart and makes him or her able to live, walk, talk, and be with the Father as one being in the same shoes of Jesus.

When you pray, pray from your baptismal identity as a son or daughter of God in Christ Jesus. This means you pray from within the Trinity. Rather than staying on the couch to watch the game, you can act upon the gift of being a player in the game. This means praying with the recognition that the Father and you are one in Christ. As the Father loves Jesus, He loves you. The Holy Spirit helps you respond to the Father's love and blessing, just as the Holy Spirit filled Jesus' human nature. The Holy Spirit helps you be the best version of your unique self and act according to who you are in ever-growing freedom. Praying from within the life of the Trinity means praying from the security of the Father's love with the trust and confidence his love produces in you. Trust and dependence that opens the soul to more than could ever be imagined.

D. Selection of Prayers

The following prayers can all be found online and in books. Webpages are cited with some of the more recently composed prayers. The following prayers were chosen for some or all the following reasons:

- When the words of these prayers are spoken from your heart in faith, you consciously take ownership of the freedom of your baptismal relationship with the Holy Trinity.

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- These prayers can help form your faith and understanding of God.
- These prayers can help you open your heart to receive graces from your Father that you need for your day-to-day life.
- These prayers can help you place your children, home, and technology under the freedom of the Kingdom of Christ, allowing no quarter for any enemy of God.
- These prayers can help you intercede for your children or students.

Any number of prayers could have been chosen for this first Catholic Passage compilation of prayers. Some of the prayers include protection against the snares of the enemy. Many of these 'snares' do not apply to Christians who are intentionally following Christ. They were selected, and are recommended to be prayed, because some struggles, unbeknownst to us, originate not from flesh and blood, but from unseen spiritual forces (Ephesians 6:12).

As you reflect upon these prayers, consider how they could be helpful towards your children or students, especially when it comes to consciously knowing God. Your prayer life will affect how you introduce your children and students to responding to the personal presence of the Father, Son, and Holy Spirit in their own lives.

Give God permission to be your Rock, your Strength, and your Transformation to who he is calling you to be!

III. PRAYERS

A. Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.

Send forth your Spirit and they shall be created. And you shall renew the face of the earth.

O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy his consolations. Through the same Christ Our Lord. **Amen.**

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B. Anima Christi

Soul of Christ, sanctify me
Body of Christ, save me
Blood of Christ, inebriate me
Water from Christ's side, wash me
Passion of Christ, strengthen me
O good Jesus, hear me
Within Thy wounds hide me
Suffer me not to be separated from Thee
From the malicious enemy defend me
In the hour of my death call me
And bid me come unto Thee
That I may praise Thee with Thy saints
and with Thy angels
Forever and ever. **Amen**

<https://www.ewtn.com/catholicism/devotions/anima-christi-384>

C. I Am Loved

(Claiming the Truth and Renouncing the Lies)

In the Holy Name of Jesus, I know that I am a beloved daughter/son of our Heavenly Father. May the Precious Blood of Jesus cover me. In His Most Holy Name and covered in His Precious Blood, I bind all evil spirits of doubt, fear, despair, unforgiveness, unworthiness, and self-hatred.

I renounce you; I reject you; I rebuke you; and I cast you out.

I hold the TRUTH from God that I am a beloved daughter/son of the Heavenly Father. I claim that in and through the sacraments I have received, that the Triune God, Father, Son and Holy Spirit dwells in me and that I have inestimable value in God's eyes. I know that I am beloved because I have been created in the image and likeness of God. I know that I am beloved because God the Father has sent His Son Jesus Christ into the World because of that love.

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And I know that Jesus Christ died out of his personal love for me, and, in His infinite mercy, my sins are forgiven.

I forgive all those who have told me that I am worthless, unworthy, or never good enough. I ask God to forgive them and bless them.

I am a beloved daughter/son of our Heavenly Father
And for that LOVE and that TRUTH, I give Him thanks.

Amen.

<https://www.catholicexorcism.org/deliverance-prayers-for-the-laity>

D. Prayer of Deliverance

O Jesus our Savior, my Lord and my God, my God and my all, with your sacrifice on the Cross you redeemed us and defeated the power of Satan. I beg you to deliver me from every evil presence and every evil influence.

I ask you in your name, I ask you for the sake of your wounds, I ask you for the sake of your blood, I ask you for the sake of your Cross, I ask you through the intercession of Mary, Immaculate and Sorrowful.

May the blood and the water that flow from your side wash over me to purify me, deliver me, heal me. Amen.

<https://catholicprayerstotheworld.blogspot.com/2021/10/deliverance-by-fr-gabriele-amorth.html>

E. Efficacious Novena to the Sacred Heart of Jesus

(This novena prayer was recited every day by Padre Pio for all those who asked his prayers)

O my Jesus, You have said, 'Truly I say to you, ask and it will be given you, seek and you will find, knock and it will be opened to you.' Behold, I knock, I seek and ask for the grace of... (state intention)

Our Father... Hail Mary... Glory be to the Father...
Sacred Heart of Jesus, I place all my trust in you.

O my Jesus, You have said, 'Truly I say to you, if you ask anything of the Father in my name, He will give it to you.' Behold, in Your name, I ask the Father for the grace of... (state intention)

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Our Father... Hail Mary... Glory be to the Father...
Sacred Heart of Jesus, I place all my trust in you.

O my Jesus, You have said, 'Truly I say to you, heaven and earth will pass away but my words will not pass away.' Encouraged by Your infallible words, I now ask for the grace of... (state intention)

Our Father... Hail Mary... Glory be to the Father...
Sacred Heart of Jesus, I place all my trust in you.

O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have pity on us poor sinners and grant us the grace which we ask of You, through the Sorrowful and Immaculate heart of Mary, Your tender mother and ours.

Hail, Holy Queen...

St. Joseph, foster father of Jesus, pray for us

<https://www.padrepio.org/pray/efficacious-novena/>

F. Parents Prayer

Heavenly Father, I invoke the full authority you have given me as a spouse and a parent and I lift any curses, spells, seals, hexes, vexes, consecrations, voodoo, or any occult action or any evil affecting me or my spouse or my children who are minors. In Jesus' name, I cast out all evil spirits that are harming us. In Jesus' name, I reject them, I rebuke them, I renounce them, and I cast them out!

For my adult children, I beg you heavenly father to hear a parent's plea and free them from any of these occult actions or any evil, and cast out all evil spirits. Father, I beseech you to send a spirit of unity and peace to my family. Heal the divisions in our family; may those family members who are estranged from each other be reconciled in forgiveness and love. May we live together in your peace. I pray for special healing graces for each one of us. Heal the wounds that plague us- heal any depression, anxiety, fears, compulsions, addictions, angers, resentments, and any and all mental and physical illnesses. Restore us to full health. I especially ask for the following specific grace for my family, if it be your holy will (here mention the specific intention silently or out loud). Most of all, may

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you infuse into our hearts the gift of faith, always trusting in you. Bring back any of us who have wandered from the faith. May we be fully protected from all harm and evil by the Shield of Faith and the Sword of Truth. I make this parent's prayer in the holy name of Jesus begging the powerful intercession of the Holy Family with the Virgin Mary and St. Joseph, and all the saints.

<https://spiritualdirection.com/2023/01/15/exorcists-diary-a-parents-prayer>

Note: Spouses have divine authority over their own bodies, their spouses and their children who are minors. In that knowledge, this prayer has a parent invoking that authority and casting out demons and evil from them. **For their adult children, they are invoking God to heal and liberate them.**

G. Radiating Christ

(Written by Bl. Cardinal John Henry Newman)

Dear Jesus, help us to spread Your fragrance everywhere we go.

Flood our souls with Your Spirit and Life.

Penetrate and possess our whole being so utterly

that our lives may only be a radiance of Yours.

Shine through us and be so in us

that every soul we come in contact with

may feel Your presence in our souls.

Let them look up, and see no longer us, but only Jesus!

Stay with us and then we shall begin to shine as You shine,

so to shine as to be a light to others.

The light, O Jesus, will be all from You; none of it will be ours.

It will be You, shining on others through us.

Let us thus praise You in the way You love best, by shining on those around us.

Let us preach You without preaching, not by words but by example,

by the catching force, the sympathetic influence of what we do,

the evident fullness of the love our hearts bear for You.

Amen.

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H. Serenity Prayer

God, grant me the serenity
to accept the things I cannot change,
Courage to change the things I can,
and the wisdom to know the difference.

Living one day at a time;
Enjoying one moment at a time;
Accepting hardship as the pathway to peace.
Taking, as He did, this sinful world as it is, not as I would have it;
Trusting that He will make all things right if I surrender to His will;
That I may be reasonably happy in this life,
And supremely happy with Him forever in the next. Amen.

- Reinhold Niebuhr

I. St. Francis of Assisi's Peace Prayer

Lord, make me a channel of your peace, that
where there is hatred, I may bring love;
where there is wrong, I may bring the spirit of forgiveness
where there is discord, I may bring harmony;
where there is error, I may bring truth;
where there is doubt, I may bring faith;
where there is despair, I may bring hope;
where there are shadows, I may bring light;
where there is sadness, I may bring joy.

Lord, grant that I may seek rather
to comfort than to be comforted;
to understand than to be understood;
to love than to be loved;
For it is by forgetting self that one finds;
it is by forgiving that one is forgiven;
it is by dying that one awakens to eternal life.

Amen.

J. Catholic Passage Prayer

Eternal Father, you have blessed us in Christ with every heavenly blessing.

Trusting in your constant love for us, we cry out to you in our need.

Help us depend upon You as our providing Abba.

Set aflame within us the seal of your love
that You imprinted upon us in Holy Baptism.

O Spirit of Love, O Spirit of Truth, dwell within us.

Renew within us the Life of Jesus, who makes all things new.

Jesus, we give you permission to live and move in us.

You are the Way, the Truth, and the Life.

Help us witness to You in what we do and say for young people.

We want our children to receive Your life and make it their own
so that they may experience the freedom and joy of the Holy Spirit
while on earth and eternally in Heaven.

Help us to surrender to Your care
all that is within our power
and all that is not within our power.

Please give us the wisdom to know the difference.

When things are not as we would have them,
whether in our lives or the lives of our children,
draw us to trust in Your providential love.

We ask this through Jesus Christ our Lord. **Amen.**

<https://catholicpassage.com/pray>

K. Pope Francis' Prayer to Mary Undoer of Knots

“Nothing is impossible for God’s mercy! Even the most tangled knots are loosened by his grace. And Mary, whose ‘yes’ opened the door for God to undo the knot of the ancient disobedience, is the Mother who patiently and lovingly brings us to God, so that he can untangle the knots of our soul by his fatherly mercy.” – Pope Francis

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Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters.

Amen.

www.catholicsforfamilypeace.org.

L. Perimeter Prayer

Lord Jesus Christ, in thy love and mercy establish a perimeter of protection around N. and myself and all our loved ones, those who pray for us and their loved ones. May the Holy Angels guard him/her/us and all our possessions, establishing a perimeter of protection around N., rendering him/her/us immune from any kind of demonic influence. I ask that no demonic bondage, door, demonic entity, portal, astral projection or disembodied spirit may enter the space of 100 yards in all directions of him/her/us. I ask that any demons within this vicinity or any that should try to enter here be rendered deaf, dumb, and blind; that Thou would strip them of all weapons, armor, power, illusions, and authority; that Thou would bind, rebuke and disable them from communicating or interacting with each other in any way. Remove them, sending them directly to the foot of Thy Cross. Jesus, Son of the Most High, I ask this in Thy Glorious and Most Holy Name. **Amen.**

<https://www.catholicexorcism.org/deliverance-prayers-for-the-laity>



M. Umbrellino Prayer for Technology

(**N:** adapt to your home or workplace internet provider or other computers)

Lord Jesus Christ, Sovereign King enthroned in Heaven, in your love and mercy establish a perimeter of protection with Your Precious Blood around our communication devices and all technology used during this session, the cameras or webcams, microphones, speakers, displays, any and all software, WiFi connections in the air, both my router and the router of N. and anyone assisting, the optic cables involved in the transmission of data, and the light waves being used to transfer data. Cleanse them with your precious blood and drive from them any satanic influence. Establish around them a sanctuary of your mercy where Satan and any other evil spirit or human agency cannot interfere. I ask Father that you would block, bind, rebuke and render impotent any assault of the evil one from them in any way. Father, so long as these instruments are utilized in this ministry of Divine mercy, we ask you to allow them to enjoy the protection of the Blessed Mother, St. Michael the Archangel and all the Holy Angels. We ask this in Your Most Holy Name, the Name before which every knee shall bow, in heaven, on the earth and under the earth, that Jesus Christ is Lord.

R. Amen

<https://www.catholicexorcism.org/deliverance-prayers-for-the-laity>

N. Daily Prayer for Priests

O Almighty Eternal God, look upon the face of Thy Christ, and for the love of Him who is the Eternal High Priest, have pity on Thy priests. Remember, O most compassionate God, that they are but weak and frail human beings. Stir up in them the grace of their vocation which is in them by the imposition of the bishop's hands.

Keep them close to Thee, lest the Enemy prevail against them, so that they may never do anything in the slightest degree unworthy of their sublime vocation.

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O Jesus, I pray Thee for Thy faithful and fervent priests; for Thy unfaithful and tepid priests; for Thy priests laboring at home or abroad in distant mission fields; for Thy tempted priests; for Thy lonely and desolate priests; for Thy young priests; for Thy aged priests; for Thy sick priests, for Thy dying priests; for the souls of Thy priests in Purgatory.

But above all I commend to Thee the priests dearest to me; the priest who baptized me; the priests who absolved me from my sins; the priests at whose Masses I assisted, and who gave me Thy Body and Blood in Holy Communion; the priests who taught and instructed me, or helped and encouraged me; all the priests to whom I am indebted in any other way, particularly N. O Jesus, keep them all close to Thy Heart, and bless them abundantly in time and in eternity. **Amen.**

IMPRIMA TUR

+Robert C. Morlino, Bishop of Madison, 6 September 2018

O. Breastplate of St. Patrick

(N can refer to yourself or one over whom you have spiritual authority)

I bind N. today to a strong virtue, an invocation of the Trinity. I believe in a Threeness, with confession of a Oneness in the Creator of the Universe.

I bind N. today to the virtue of Christ's birth with His baptism,
To the virtue of His crucifixion with His burial,
To the virtue of His resurrection with His ascension,
To the virtue of His coming to the Judgment of Doom.

I bind N. today to the virtue of ranks of Cherubim,
In obedience of Angels,
In service of Archangels,
In hope of resurrection for reward,

In prayers of Patriarchs,
In preaching of Apostles,
In faiths of Confessors,
In innocence of Holy Virgins,
In deeds of righteous men.

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I bind N. today to the virtue of Heaven,
In light of Sun,
In brightness of Snow,
In splendor of Fire,
In speed of Lightning,
In swiftness of Wind,
In depth of Sea,
In stability of Earth,
In compactness of Rock.

I bind N. today to God's Virtue to pilot me/him/her,
God's might to uphold me/him/her,
God's wisdom to guide me//her,
God's eye to look before me/him/her,
God's ear to hear me/him/her,
God's Word to speak to me/him/her,
God's hand to guard me/him/her,
God's way to lie [clearly] before me/him/her,
God's shield to protect me/him/her,
God's host to secure me/him/her,
Against snares of demons,
Against seductions of vices,
Against lusts of nature,
Against everyone who wishes ill to me/him/her,
Afar and anear,
Alone and in a multitude.

So have I invoked all these virtues between N.
Against every cruel and merciless power which may come,
Against my/his/her body and my/his/her soul,

Against incantations of false prophets,
Against black laws of heathenry,
Against false laws of heretics,
Against craft of idolatry,
Against spells of witches and smiths and druids,
Against every knowledge that defiles men's souls.

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Christ to protect N. today,
Against poison,
Against burning,
Against drowning,
Against wounding,
Until a multitude of rewards come to N.!

Christ with me/him/her,
Christ before me/him/her,
Christ behind me/him/her,
Christ in me/him/her,
Christ below me/him/her,
Christ above me/him/her!
Christ at me/his/her right,
Christ at me/his/her left!
Christ in breadth,
Christ in length,
Christ in height!

Christ in the heart of everyone who thinks of me/him/her,
Christ in the mouth of everyone who speaks to me/him/her,
Christ in every eye that sees me/him/her,
Christ in every ear that hears me/him/her!

I bind N. today to a strong virtue, to an invocation of the Trinity. I believe in a Threeness with confession of a Oneness, in the Creator of the universe. Salvation is the Lord's; salvation is yours, O Lord; salvation is Christ's. May Thy salvation, O Lord, be always with us.

<https://www.catholicexorcism.org/deliverance-prayers-for-the-laity>

P. God is my Father

My Father in Heaven, how sweet it is to know that You are my Father and that I am Your child! Especially when the skies of my soul are cloudy and my cross weighs more heavily, I feel the need to repeat to You: Father, I believe in Your love for me!

Yes, I believe that You are a Father to me at every moment of my life, and that I am Your child! I believe that You love me with an infinite love! I believe that You are watching over me night and day and that not a hair falls from my head without Your permission! I believe that, in Your infinite Wisdom, You know better than I what is good for me. I believe that, in Your infinite power, You can bring good even out of evil.

I believe that, in Your infinite goodness, You make everything to the advantage of those who love You: even under the hands of those who strike me, I kiss Your hand which heals! I believe, but increase in me faith, hope, and love!

Teach me always to see Your love as my guide in every event of my life. Teach me to surrender myself to You like a baby in its mother's arms. Father, You know everything, You see everything, and You know me better than I know myself: You can do everything, and You love me!

My Father, since it is Your wish that we should always turn to You, I come with confidence to ask You, together with Jesus and Mary...(here request the favor that you desire)

For this intention, and uniting myself to the Sacred Heart of Jesus and the Immaculate Heart of Mary, I offer You all my prayers, my sacrifices and mortifications, all my actions, and greater faithfulness to my duties. Give me the light, the grace, and the power of the Holy Spirit! Strengthen me in this Spirit, that I may never lose Him, never sadden Him, and never allow Him to become weaker in me.

III. PRAYERS

My Father, I ask this in the name of Jesus Your Son! And you, Jesus, open Your Heart and place in it my own, and, together with Mary's, offer it to our Divine Father! Obtain for me the grace that I need!

Divine Father; call all men to Yourself. Let all the world proclaim Your Fatherly Goodness and Your Divine Mercy!

Be a tender Father to me and protect me wherever I am, like the apple of Your eye. Make me always a worthy son/daughter; Have mercy on me!

Divine Father, sweet hope of our souls, may You be known, honored, and loved by all men!

Divine Father, infinite goodness poured out on all peoples, may You be known, honored, and loved by all men!

Divine Father, beneficent dew of humanity, may You be known, honoured and loved by all men

<https://www.catholicexorcism.org/deliverance-prayers-for-the-laity>

III. NOVENA OF SURRENDER TO JESUS CHRIST



SERVANT OF GOD,
DON DOLINDO RUOTOLO
(1882-1970)

“Being a good Catholic Christian requires more than simply professing a set of beliefs, and adhering to certain principles and values, and following certain rules. We must also enter into and cultivate a deeply and truly personal relationship – a genuine friendship – with Jesus Christ and allow ourselves to be transformed by His love. Everything

about our Catholic Faith, from the Sacraments to devotion to the Blessed Virgin and the saints to the sacramentals, everything is meant to lead us closer to Jesus and to experience ever more intensely His presence – and therefore the presence of the Most Holy Trinity, since where one Person of the Trinity is there the other two are as well – in the depths of our hearts and souls. It is, of course, impossible to have any kind of meaningful relationship or genuine friendship with someone who does not allow us to be who we are (and vice versa), and so one of the greatest obstacles to growing in our relationship with the Lord is our desire to be in control of our own lives, our refusal to let God be God, our inability to trust in Him completely, to surrender to Him unreservedly, to abandon ourselves unconditionally to His will.

Trust, surrender, abandonment, submission to the will of God – this is the great challenge of the spiritual life, something we can do with the help of His grace, something that takes a life- time – which is why must pray, pray, and pray. To this end, I share with you today the Novena of Surrender by the Servant of God Dolindo Ruotolo (1882-1970), a parish priest from Naples, Italy, who lived a life of tremendous suffering and who came to experience deep intimacy with Jesus, his beloved friend and Lord. Dedicating himself to penance and prayer and offering himself as a victim soul, he never refused to help those in need, and he was especially concerned about their eternal salvation. His Novena of Surrender is comprised of words that he heard Jesus address to him interiorly,

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the message of which is just as applicable and pertinent to us today, fifty years after his death.

Through the intercession and after the example of the Blessed Virgin Mary, St. Joseph, St. Francis of Assisi, and the Servant of God Fr. Dolindo Ruotolo, may we come to surrender more and more, day by day, to the most holy will of our loving and merciful Lord and thereby experience His friendship in ways that are always surprising and new.” - Fr. Scott Surrency OFM Cap. April 20, 2020

https://www.catholicyc.ca/uploads/6/5/5/7/65570685/novena_of_surrender_to_jesus_christ_-_fr._scott_surrency_intro.pdf

Read these words and pray the prayer on the designated day of the novena.

A. Day 1

Why do you confuse yourselves by worrying? Leave the care of your affairs to me and everything will be peaceful. I say to you in truth that every act of true, blind, complete surrender to me produces the effect that you desire and resolves all difficult situations.

O Jesus, I surrender myself to you, take care of everything! (10 times)

B. Day 2

Surrender to me does not mean to fret, to be upset, or to lose hope, nor does it mean offering to me a worried prayer asking me to follow you and change your worry into prayer. It is against this surrender, deeply against it, to worry, to be nervous and to desire to think about the consequences of anything. It is like the confusion that children feel when they ask their mother to see to their needs, and then try to take care of those needs for themselves so that their childlike efforts get in their mother's way.

Surrender means to placidly close the eyes of the soul, to turn away from thoughts of tribulation and to put yourself in my care, so that only I act, saying “You take care of it.”

O Jesus, I surrender myself to you, take care of everything! (10 times)

III. NOVENA OF SURRENDER TO JESUS CHRIST



C. Day 3

How many things I do when the soul, in so much spiritual and material need, turns to me, looks at me and says to me, “You take care of it”, then closes its eyes and rests. In pain you pray for me to act, but that I act in the way you want. You do not turn to me, instead, you want me to adapt your ideas. You are not sick people who ask the doctor to cure you, but rather sick people who tell the doctor how to.

So do not act this way, but pray as I taught you in the our Father: “Hallowed be thy Name”, that is, be glorified in my need. “Thy kingdom come”, that is, let all that is in us and in the world be in accord with your kingdom. “Thy will be done on earth as it is in heaven”, that is, in our need, decide as you see fit for our temporal and eternal life. If you say to me truly: “Thy will be done”, which is the same as saying: “You take care of it”, I will intervene with all my omnipotence, and I will resolve the most difficult situations.

O Jesus, I surrender myself to you, take care of everything! (10 times)

D. Day 4

You see evil growing instead of weakening? Do not worry. Close your eyes and say to me with faith: “Thy will be done. You take care of it”. I say to you that I will take care of it, and that I will intervene as does a doctor and I will accomplish miracles when they are needed. Do you see that the sick person is getting worse? Do not be upset, but close your eyes and say, “You take care of it.” I say to you that I will take care of it, and that there is no medicine more powerful than my loving intervention. By my love, I promise this to you.

O Jesus, I surrender myself to you, take care of everything! (10 times)

E. Day 5

And when I must lead you on a path different from the one you see, I will prepare you; I will carry you in my arms; I will let you find yourself, like children who have fallen asleep in their mother's arms, on the other bank of the river. What troubles you and hurts you immensely are your reason, your thoughts and worry, and your desire at all costs to deal with what afflicts you.

O Jesus, I surrender myself to you, take care of everything! (10 times)

F. Day 6

You are sleepless; you want to judge everything, direct everything and see to everything and you surrender to human strength, or worse—to men themselves, trusting in their intervention—this is what hinders my words and my views. Oh how much I wish from you this surrender, to help you; and how I suffer when I see you so agitated! Satan tries to do exactly this: to agitate you and to remove you from my protection and to throw you into the jaws of human initiative. So, trust only in me, rest in me, surrender to me in everything.

O Jesus, I surrender myself to you, take care of everything! (10 times)

G. Day 7

I perform miracles in proportion to your full surrender to me and to your not thinking of yourselves. I sow treasure troves of graces when you are in the deepest poverty. He does divine works whosoever surrenders to God. So don't think about it any more, because your mind is acute and for you it is very hard to see evil and to trust in me and to not think of yourself. Do this for all your needs, do this all of you and you will see great continual silent miracles. I will take care of things, I promise this to you.

O Jesus, I surrender myself to you, take care of everything! (10 times)

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H. Day 8

Close your eyes and let yourself be carried away on the flowing current of my grace; close your eyes and do not think of the present, turning your thoughts away from the future just as you would from temptation. Repose in me, believing in my goodness, and I promise you by my love that if you say “You take care of it” I will take care of it all; I will console you, liberate you and guide you.

O Jesus, I surrender myself to you, take care of everything! (10 times)

I. Day 9

Pray always in readiness to surrender, and you will receive from it great peace and great rewards, even when I confer on you the grace of immolation, of repentance, and of love. Then what does suffering matter? It seems impossible to you? Close your eyes and say with all your soul, “Jesus, you take care of it.” Do not be afraid, I will take care of things and you will bless my name by humbling yourself. A thousand prayers cannot equal one single act of surrender, remember this well. There is no novena more effective than this.

O Jesus, I surrender myself to you, take care of everything!

Mother, I am yours now and forever.

Through you and with you

I always want to belong

completely to Jesus.

IV. RESOURCES

Books

The Parish as a School of Prayer: Foundations for the New Evangelization by Fr. Scott Traynor 2013 available at Amazon.com and <https://cedarhouse.co/the-parish-as-a-school-of-prayer-foundations-for-the-new-evangelization/>

Deliverance Prayers: For Use by the Laity by Fr. Chad Ripperger 2016 available at Amazon.com.

Missionary Parenting: Cultivating the 6 Key Relationships Essential to Your Domestic Church by Nannet A. Horton and Bob Horton available on Amazon.com

Podcasts:

Discerning Hearts: Catholic Podcasts

