

St. Francis of Assisi's Peace Prayer

Lord, make me a channel of your peace, that
where there is hatred, I may bring love;
where there is wrong, I may bring the spirit of forgiveness
where there is discord, I may bring harmony;
where there is error, I may bring truth;
where there is doubt, I may bring faith;
where there is despair, I may bring hope;
where there are shadows, I may bring light;
where there is sadness, I may bring joy.

Lord, grant that I may seek rather
to comfort than to be comforted;
to understand than to be understood;
to love than to be loved;

For it is by forgetting self that one finds;
it is by forgiving that one is forgiven;
it is by dying that one awakens to eternal life.

Amen.